



WINNIPEG EAST STARS

St. Boniface Minor Hockey Association (SBMHA) and Transcona Minor Hockey Association (TMHA) operate a joint female hockey program under the brand Winnipeg East Stars. Girls thrive in the female U9 divisions because they are amongst peers with a common purpose – to have fun, develop skills, learn the game, and compete.

The female U9 divisions fall under Hockey Winnipeg, which means our teams play other area associations throughout the city. Female U9 hockey is tiered into three divisions – U9 A1, U9 A2 and U9 A3. League play consists of 18 games.

Throughout the season, Winnipeg East Stars players receive developmental skates put on by Vigier Hockey. These skates include power skating, agility, speed, puck handling, passing, and shooting. For those players who express an interest in goaltending, WEFH will provide goalie equipment and families can take advantage of goaltender training allowances both in-season and off-season.

Shooting Stars Program

WEFH is the only hockey association in Winnipeg that offers an all girls U7 (Shooting Stars) program. We believe this is extremely important for young female athletes as it provides a less intimidating and supportive environment where there is a focus on skill development and instill the love of the female game.

What are Team Fees and what do they cover?

Team fees are shared expenses for the team. These fees cover costs for practice ice, team events, and tournaments. U9 team fees will vary depending on the level of play. Jerseys and socks (both home and away) are provided by WEFH each season. Team Fees are paid in addition to the registration costs.

How do you determine how many Stars teams there will be each year and what level skaters will play?

The number of Stars teams is determined by Hockey Winnipeg and based on the number of registrants at an age group. There are evaluations for all players and teams are determined after rankings by independent evaluators.

When can I expect to have practices and games?

All games for our U9 teams last season were on the weekend except for tournaments and the U9 jamboree (the end of season mini tournament). Practice ice can be scheduled during the week or on the weekends. Our developmental skates with Vigier Hockey take place on Wednesday evenings.

What are the different age categories?

U7: 5 & 6	U9: 7 & 8
U11: 9 & 10	U13: 11 & 12
U15: 13 & 14	U18: 15, 16 & 17

Where and when do I register?

Families belonging to SBMHA can register from the association's home website:

<https://www.sbmha.ca/>

Families belonging to TMHA can register from the association's home website:

<https://www.transconahockey.com/>

Registration is open by the first week of August and closes beginning of September.

Any other information and links to our tryout dates can be found at:

<https://www.wefh.ca>

